

# Junior Secondary Newsletter

Volume 3 | September 20, 2025



## From the Junior Hub

Just like that we are through another term! The Junior Hub team are excited to celebrate student success in term 4. Awards evening will provide the opportunity to acknowledge academic excellence and awards based on effort and behaviour. If your child doesn't appear on published lists, their first step is to discuss this with their year level coordinator. Applications for special awards have closed.

**Incentive Days** for Term 4 continue to celebrate attendance.

*Year 7* - Aussie World Tues week 10

*Year 8/9* - Movies & Bowling - TBC

**SAVE THE DATE!**

**October 07**  
**Week 1**  
**October 10**  
**Oct 13 - 15**  
**Oct 23**  
**Oct 31**

Term 4 commences  
Instrumental camp/ All Schools Touch  
Reports published  
Junior leadership camp  
Red food day  
World teachers day/ Day for Daniel



Keep contact  
details updated -  
see Mrs Burt.

## All Schools Touch Carnival

Thursday 4 September saw our Touch Football Teams represent our school proudly at the Wide Bay All Schools Touch Carnival here in Bundaberg. This was great preparation for our three teams travelling to the Gold Coast for the QLD All Schools Carnival early next term.

Our 13 Boys, 13 Girls and Open Mixed teams all had outstanding days and all teams made it through to the Grand Finals. Unfortunately they all went down but still managed runners-up and 2nd best teams in the Wide Bay Region. A fantastic effort with many of our players new to the game of touch football. All teams represented the school proudly and are to be commended for their behaviour.

A special thanks to all coaches and thank you to our sponsors for this year - Santalucia Corporation, Tag Team Electrical, Bundaberg Home Theatre and Rehab Wise Physio.

## The Resilience Project

THE RESILIENCE PROJECT.

### GEM Chats Empathy

CREATING WELLBEING HABITS & CONNECTION

GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections through daily conversations.**

HOW TO USE GEM CHATS

Make GEM Chats a part of your dinner routine to reflect, check in, and practice empathy.

Try these prompts:

- ★ Thank each family member for something they've **done or said** today.
- ★ Give each family member a **compliment**.
- ★ Share a time when someone has done **something kind for you** this week. Describe how it made you feel.
- ★ Think about someone special in your life. **What makes them special**, and how will you let them know this week?
- ★ Who made you **feel cared** for this week? What actions did they take?



TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:

@theresilienceproject — The Resilience Project — The Resilience Project — theresilienceproject.com.au



## Staff Spotlight - Owen Graham

### Community Education Counsellor

#### Explain your role as Community Education Counsellor

My role as a CEC is to support students in their learning journey, both inside and outside the classroom. I work closely with Lucy Hooper and Nancy Paterson to engage with families, teachers and the wider community to ensure that every indigenous student has the opportunity to succeed, whether academically or through another pathway such as sport or vocational experiences. A big part of my role is connecting with students and staff to offer guidance and culturally relevant support to connect with country and instil a sense of cultural pride and awareness within our community.

#### What makes you most proud?

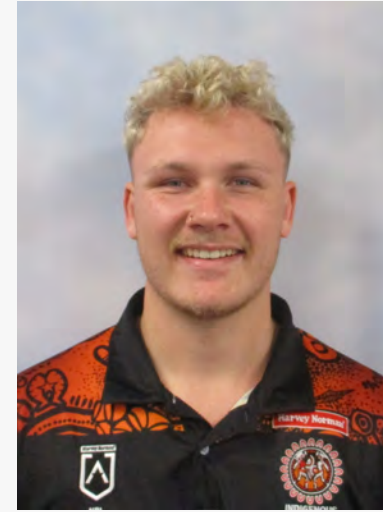
Being able to take children that have a bad name within the community and being able to humanise and desensitise that social and behavioural stigma by placing them into a spotlight that really highlights their positive skills and attributes. Changing that narrow view that others and often themselves have surrounding their identity and build a strong leader that is sustainable for today and tomorrow, having that lasting effect on that child.

#### Why did you choose this career pathway?

I chose this career because it connects me to the education department and builds on my relationships with staff and students in these spaces and offers a different degree of experiences. But it also enables me to bring awareness to the different types of support within the QLD ED department and around the community, it will act as a way for me to get my name out in community. I want to extend on my portfolio of experiences, develop my own pedagogy and expand on my understanding of education and the different avenues. All of this will enlighten me so I can become an excellent teacher when I graduate my degree, and excel as a young indigenous male in the industry and really prove that I belong here. It also provides a pathway for me to open doors not only for myself and my future but so many kids that I work and engage with. Becoming a CEC allows me to act as a role model for a variety of kids and allows me to encourage and provide something different to offer kids instead of always presenting punishments.

#### What is your most memorable moment as a former BSHS student?

My most memorable moment was being able to pass on the Indigenous School captain role. It really inculcated the sense of pride and legacy in myself and the BSHS community. Accepting and passing on that baton has really engrained into me that we as indigenous people have leaders within our close community, and that sometimes we need that little sense of responsibility that will really shape us into an outstanding leader.



I enjoy trailing riding horses, especially ones that buck or have a little kick in them!



## Curriculum News

### Opti-MINDS



Celebrating 7A & 7C at Opti-MINDS!

A big shout-out to our amazing 7A & 7C students who recently took part in the Opti-MINDS challenge.

Opti-MINDS is all about teamwork, creativity, and thinking outside the box. Students are given a tricky problem in areas like social science, engineering, or language literature, then work together to plan, build, and perform their solution - all without outside help.

Our teams showed incredible imagination, problem-solving skills, and collaboration. From brainstorming wild ideas to bringing their solutions to life, they impressed with their energy and enthusiasm.

**Well done, students - you made us proud!**

WIDE BAY REGION: Opti-MINDS RESULTS

#### LANGUAGE & LITERATURE

1st Place: Team 7- Shylah C, Sarang K, Asmara J, Sophie T  
Honours: Team 3: Lilly W, Grace T, Chelsea C, Emily B, Talitha W

#### MEDIA COMMUNICATION

Honours: Team 6- Alvis M, Jack A, Kodi M, Ajay H, Cameron S

#### SCIENCE ENGINEERING

Honours: Team 5- Lilly, Cassie, Anna Belle, Nicole, Millie

#### SPIRIT OF OPTI-MINDS AWARD

Team 7

Team 1: Brigid O, Alyza W, Mia B, Stella T, Calliope M, Ariya F

## Sport News

### 2026 Opportunities

Join our team in 2026!

#### BUNDABERG SHS

##### Year 9 Rugby League Program

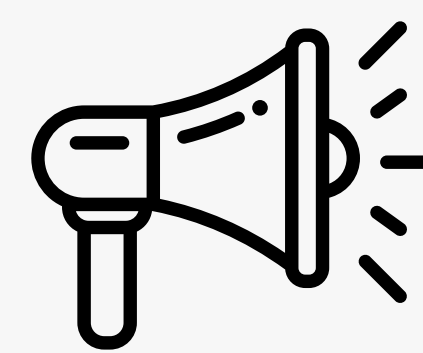
- Lessons – 2 per week (1 theory & 1 practical)
- Practical Focus – skills development, fitness & conditioning
- Training Model – using resources from current EPA programs (Broncos & Dolphins)
- Other Opportunities – NRL Incentive Excursions & Bundaberg SHS Rugby League apparel



APPLICATIONS OPEN  
TERM 4!

Enquiries:  
[mhand49@eq.edu.au](mailto:mhand49@eq.edu.au)

## Sponsor shout out



Thank you to these businesses for your ongoing support and contributions to our Brekky Club

