



Expressions Of Interest

Rugby League Development Program

The Bundaberg State High School Rugby League program provides students with the opportunity to develop their skills through focused high-performance coaching, specialist guest speakers, camps, strength and conditioning and specific skill training sessions in and out of class times lead by expert sporting excellence teachers with years of experience. Students will also be competing at a range of statewide competitions.



Opportunities

Strength and Conditioning

Students undergo fitness testing compared to the Queensland Rugby League benchmarking standards. Frequently tested through the duration of the year to monitor student progress and focus sessions. Specific strength and conditioning programming for different stages of development. Building physically dominant, injury-resilient athletes using NRL-standard periodisation and ASCA strength and conditioning principles.



Competitions

Our Rugby League program offers students exciting opportunities to compete, develop and thrive. Senior boys and girls represent the school in prestigious statewide competitions, while junior students build their skills through the local Dolphins competition. Additional Rugby League Development tours and representative matches provide valuable playing and travel experiences. With clear pathways from junior to senior levels, every student is supported to grow in confidence, develop their talents and achieve their full potential.



Pathways

Our Rugby League program provides students with clear pathways to achieve their potential. Students are encouraged to trial for both the Wide Bay school representative teams and the Wide Bay Bulls club pathway, maximising opportunities to compete at the highest level. Through our strong partnership with the NRL Dolphins, students also access elite development opportunities and representative programs, helping them build the skills, confidence and experience needed to pursue higher levels of rugby league.



Excellence Program Athletes

Designed for students aspiring to representative honours and NRL development pathways. Participants receive specialised support through advanced strength and conditioning, nutrition, recovery, mental skills training and regular performance testing. This data is used to create a comprehensive player profile, showcasing each athlete's progress and potential to NRL affiliate clubs and recruitment programs. It is an exceptional opportunity for motivated students to prepare for the next level.

Bundaberg State High School Rugby League Excellence Program Expression of Interest & Enrolment Application



Applying For Our Program

Current Bundaberg State High School students (Not already in the program):

If you are looking to get involved, develop your skills and become part of our Rugby League pathway, please complete the application form below and submit to Mr Mark Handley using the contact details provided.

Future Bundaberg State High School students:

Considering Bundaberg State High School for your student? If your student is interested in joining our Rugby League Program, please complete the application below and attach their most recent school report card.

Please note that an Expression of Interest for the Rugby League Program is separate from an application to enrol at Bundaberg State High School. All enrolments are considered in accordance with the school's standard enrolment processes and School Enrolment Management Plan (EMP). Students who are eligible to enrol at Bundaberg State High School may be considered for the Rugby League Program through this Expression of Interest process.

For information about enrolling at Bundaberg State High School, including catchment and enrolment requirements, please refer to the school's [Enrolments webpage](#).

Contact

For all applications, please contact Mr Mark Handley, Rugby League Coordinator for processing of application.

Email: mhand49@eq.edu.au

Phone: 41545333

Student Details

Student Name: _____ Preferred Name: _____

Date of Birth: ____/____/____ Current School: _____

Current Year Level: ____ Applying for Year: ____

Address: _____

Parent/Guardian Name: _____ Phone: _____

Email: _____

Rugby League Profile

Primary Position: _____ Secondary Position: _____

Current Club: _____ Competition: _____ Years Played: _____

Coach: _____ Phone: _____

Representative Honours / Sporting Achievements

Student Statement

Why do you want to join the Bundaberg SHS Rugby League Program?

Parent/Guardian Statement

Why would your child benefit from the program?

Supporting Documentation

Attach latest school report card with submission of EOI document.

Student & Parent Declaration

Applying into the Rugby League Program does not automatically guarantee enrolment. Out-of-catchment enrolments remain subject to Department of Education policy. All students who are accepted into the Rugby League program are required to play and train. Students in the program will be required to purchase training apparel.

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____



2026 Sponsors

Thank You

A huge thank you to our incredible sponsors for their support throughout 2026.

Without their generosity and commitment, our Rugby League Development Program would not be able to provide our students with the opportunities, experiences and pathways they have today.

Thank you for backing our students and helping us continue to raise the standard.

